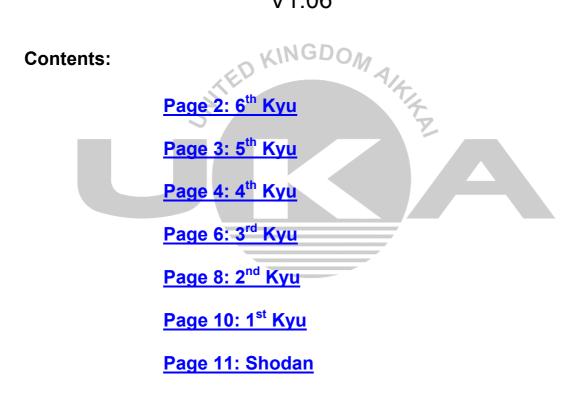


## Grading syllabus 2006

## V1.06





6<sup>th</sup> kyu

Grading syllabus 2006

### Minimum 3 Months after beginning of training

SOLO EXERCISES Ukemi - mae and ushiro Shikko Tenkan Irimi tenkan \* Tsugi ashi and ayumi ashi Shomen uchi Yokomen uchi Chudan tsuki

\*Should be demonstrated back and forward foot

All techniques demonstrated All techniques demonstrated as tachiwaza and in ura and omote forms unless otherwise stated

### PARTNER EXERCISES

<u>Ai hanmi katatedori</u> Irimi \* Kaiten Uchikaiten Ikkyo tachiwaza and suwariwaza Irimi nage tachiwaza and suwariwaza

**Optional teaching techniques:** 

Torifune and shiho giri

#### <u>Gyaku hanmi katatedori</u> Irimi \* Kaiten Uchi and soto kaiten Tenkan Ushiro tenkan Ikkyo tachiwaza

Shiho nage tachiwaza

Suwariwaza kokyuho Tachiwaza Kokyuho



5<sup>th</sup> kyu

Grading syllabus 2006

## Minimum 50 hours training after 6<sup>th</sup> kyu Test can also include any of the previous requirements

<u>Ai hanmi katatedori</u> Shiho nage Kotegaeshi Nikyo

Gyaku hanmi katatedori<br/>Shiho nage<br/>Uchikaiten nage<br/>Nikyo<br/>Tenchi nageforms unless other<br/>MGDOM

All techniques demonstrated as tachiwaza and in ura and omote forms unless otherwise stated

<u>Katadori</u> Ikkyo suwariwaza Nikyo suwariwaza

**Optional teaching techniques:** 

Shomen and yokomen happo giri

7 suburi with bokken

<u>Shomen uchi</u> Ikkyo Nikyo Irimi nage

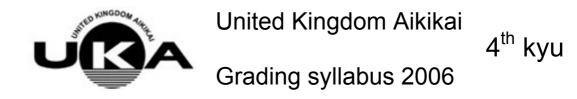
Techniques in italics are Hombu syllabus listings

<u>Yokomen uchi</u> Shiho nage Ikkyo Nikyo

Additional House requirements:

<u>Morotedori</u> Ikkyo Nikyo Shiho nage

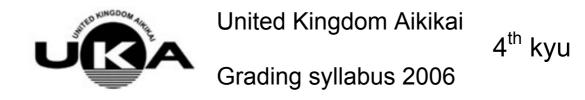
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Minimum 50 hours training after 5<sup>th</sup> kyu Test can also include any of the previous requirements

<u>Ai hanmi katatedori *</u> Sankyo suwariwaza Yonkyo suwariwaza Kotegaeshi suwariwaza	
Uchikaiten nage suwariwaza	
Sotokaiten nage	
Sumiotoshi <u>Gyaku hanmi katatedori *</u> Sankyo Yonkyo	All techniques demonstrated as tachiwaza and in ura and omote forms unless otherwise
<u>Gyaku hanmi katatedori *</u> 🏑 🔨	stated
Sankyo	1/4
Yonkyo	14
Irimi nage	Z
Kotegaeshi	
Sumiotoshi	
Katadari	Optional teaching techniques:
Katadori	
Sankyo	10 jo suburi
Yonkyo Kotegaeshi	
Shiho nage	* basic kokyu nage from these
-	forms
Uchikaiten nage	
<u>Shomen uchi</u>	Techniques in italics are
Sankyo suwariwaza	Hombu syllabus listings
Yonkyo suwariwaza	nomba synabus nsungs
Kotegaeshi	
Uchikaiten sankyo	Additional House
	requirements:
	requirements.
<u>Yokomen uchi</u>	
lkkyo	
Nikyo	
Sankyo	
Udekime nage	

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Minimum 50 hours training after 5<sup>th</sup> kyu Test can also include any of the previous requirements

4<sup>th</sup> kyu continued:

Tsuki Uchi kaiten sankyo Sumiotoshi Kotegaeshi

Morotedori Shiho nage Udekime nage

HITED KINGDOM AIT Ryotemochi ryotedori \* Tenchi nage Sankyo Yonkyo Rokkyo Shiho nage



3<sup>rd</sup> kyu

Grading syllabus 2006

Minimum 60 hours training after 4<sup>th</sup> kyu Test can also include any of the previous requirements

<u>Aihanmi katatedori \*</u> Uchi irimi tenkan:-Shiho nage Kotegaeshi Udekime nage

\*Advanced kokyunage from all these forms

20 jo suburi

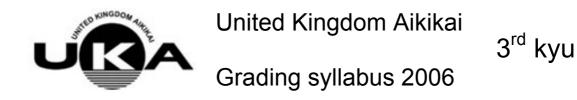
<u>Gyaku hanmi \*</u> Ikkyo hanmihandachiwaza Nikyo hanmihandachiwaza Sankyo hanmihandachiwaza Yonkyo hanmihandachiwaza Irimi nage hanmihandachiwaza Kotegaeshi hanmihandachiwaza

shiho giri bokken exercises

<u>Shomen uchi \*</u> Sotokaiten nage suwariwaza Gokyo suwariwaza Shiho nage Sumiotoshi Chudan maegiri irimi nage and kokyu nage

<u>Yokomen uchi \*</u> Gokyo Irimi nage - jodan chudan gedan Kotegaeshi - jodan chudan gedan

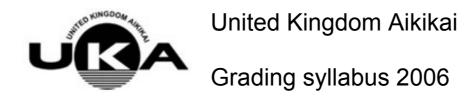
<u>Tsuki (jodan and chudan \*)</u> Ikkyo Nikyo Sankyo Gokyo Rokkyo



Minimum 60 hours training after 4<sup>th</sup> kyu Test can also include any of the previous requirements

### 3rd kyu continued:

Morotedori * Ikkyo Nikyo Sankyo Yonkyo Irimi nage Kotegaeshi Udekime nage	OM AIL
Ryotemochi ryotedori *	Techniques in italics are
Irimi nage	Hombu syllabus listings
Kotegaeshi	
Ushiro waza *	
Ryotemochi ryotedori and ryokatadori:-	
lkkyo	
Nikyo	
Sankyo	
Rokkyo	Additional House
Shiho nage	requirements:
Kotegaeshi	requirements.
Udekime nage	
Kaiten nage	
Munedakishime:-*	
Shiho nage	
Kotegaeshi	



Minimum 60 hours training after 3<sup>rd</sup> kyu Test can also include any of the previous requirements

TED KINGDOM AIT

<u>Ai hanmi katatedori</u> Koshi nage Udegarame nage

Techniques in italics are Hombu syllabus listings

2<sup>nd</sup> kyu

<u>Gyaku hanmi katatedori</u> Koshi nage Udegarame nage

### Katadori shomen uchi

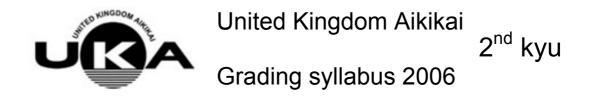
*lkkyo* Nikyo Sankyo Kotega<mark>eshi</mark>

#### Shomen uchi

Ikkyo hanmihandachiwaza Nikyo hanmihandachiwaza Sankyo hanmihandachiwaza Yonkyo hanmihandachiwaza *Irimi nage* hanmihandachiwaza *Kotegaeshi* hanmihandachiwaza Sumiotoshi hanmihandachiwaza

<u>Yokomen uchi</u> Shiho nage hanmihandachiwaza Kotegaeshi hanmihandachiwaza Uchikaiten katagatame hanmihandachiwaza

<u>Tsuki</u> Ikkyo suwariwaza



Minimum 50 hours training after 3rd kyu Test can also include any of the previous requirements

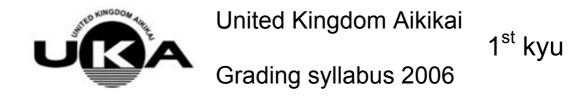
TED KINGDOM AIT

2<sup>nd</sup> kyu continued:

<u>Tsuki</u> Nikyo suwariwaza Sankyo suwariwaza *Irimi nage suwariwaza Kotegaeshi suwariwaza* Sotokaiten nage suwariwaza

Ushiro waza Katatedori kubishime:-Ikkyo Nikyo Kotegaeshi Shiho nage Udegarame nage

Additional House requirements:



Minimum 60 hours training after 2nd kyu Test can also include any of the previous requirements

<u>Katadori m</u> entsuki Ikkyo Nikyo	Optional teaching techniques
Sankyo Kotegaeshi Irimi nage	Jiyuwaza in certain forms
<u>Shomen uchi</u> Uchi irimi tenkan: Shiho nage Kotegaeshi Udegarame nage	ED KINGDOM AIT
<u>Yokomen uchi</u> Koshi nage	
<u>Ushiro waza</u> <u>R</u> yokatadori:- Ikkyo Nikyo Kotegaeshi Kaiten nage	Techniques in italics are Hombu syllabus listings
	Additional House requirements:



Shodan

Grading syllabus 2006

## Completion of all UKA application criteria. 18 months after award of 1<sup>st</sup> Kyu and minimum 200 hours of training. Test can also include any of the previous requirements.

Jiyuwaza and henkawaza fron forms	n all
ED	Written article on Aikido
Tanken dori	minimum 200 words
Jo dori	Additional House
Tachi dori	requirements:
Futarigake	
Futaridori	