

Milton Keynes Aikikai

Iai Batto-ho Syllabus 2024

	Shoden (Suwariwaza)	Chuden (Suwariwaza)	Okuden (Suwariwaza)	Okuden (Tachi Waza)	Shindo-Munen- Ryu
1	Shohatto	Yokogumo	Kasumi	Yukizure	Iwanami
2	Sato	Toraissoku	Hizagakoi	Tsuredachi	Ukifunegaeshi
3	Uto	Inazuma	Shihogiri	Somakuri	Norashigaeshi
4	Atarito	Ukigumo	Tozume	Sodome	Utsusemi
5	Inyoshintai	Yamaoroshi	Towaki	Shinobu	Matsukaze
6	Ryuto	Iwanami	Tanashita	Yukichigai	Zangetsu Hidari
7	Junto	Rokogaeshi	Ryozume	Sodesuregaeshi	Zangetsu Migi
8	Gyakuto	Yamegaeshi	Torabashiri	Kabezoe	Dotogaeshi
9	Seichuto	Takiotoshi		Moniri	Raitogaeshi
10	Koranto	Batto		Ukenagaeshi	Yoto
11	Gyakute Inyoshintai			Itomagoi	Into
12	Batto (Nikiuchi)				Inazumagaeshi

Suwariwaza:

Shoden - Seated in seiza

Chuden - Seated in tate-hiza

Okuden - Seated in tate-hiza



MK AIKIKAI
AIKIDO